

# Proactive Behavior Planning

Prevent problems before they occur

classroompulse.io

## Student Profile

Student: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

## Known Triggers

What typically precedes problem behavior?

- Difficult academic tasks
- Transitions
- Unstructured time
- Specific subjects: \_\_\_\_\_
- Specific times: \_\_\_\_\_
- Specific peers: \_\_\_\_\_
- Sensory overload
- Unexpected changes
- Other: \_\_\_\_\_

## Warning Signs

Early indicators that student may be escalating:

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## Proactive Strategies

### Environmental Modifications

- Seating arrangement: \_\_\_\_\_
- Reduce visual/auditory distractions
- Sensory supports available
- Clear physical boundaries
- Calm area accessible
- Other: \_\_\_\_\_

### Schedule Supports

- Visual schedule provided
- Transition warnings given
- Preferred activities embedded

- Movement breaks scheduled
- Preview of daily changes

**Instructional Accommodations**

- Task broken into smaller steps
- Choice in assignments
- Extended time when needed
- Alternative demonstration of learning
- Check for understanding frequently

**Relationship & Connection**

- Daily check-in
- Positive interactions (4:1 ratio)
- Identified safe adult
- Student interests incorporated

**When Warning Signs Appear**

Immediate response plan:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Additional Notes**

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**Prevention Through Patterns**

Classroom Pulse identifies triggers and patterns so you can plan proactively.

[classroompulse.io/signup](https://classroompulse.io/signup)